

Phone: 04 569 7555  
 Email: [info@boulcotthospital.co.nz](mailto:info@boulcotthospital.co.nz)  
 Address: 666 High Street,  
 PO Box 31459, Lower Hutt 5040

When you are preparing for surgery, there can be medications you take regularly, that you will need to **STOP** taking to keep you safe during and after your surgery. Please read this information and check you are not taking any of these medications. If you are taking any of these medications follow the below instructions before surgery and please contact our pre-admission team if you have any concerns or questions.

## HEART MEDICATIONS

### ACE Inhibitors and Angiotensin Receptor Blockers (ARB's)

These medications are often used to treat high blood pressure and some heart conditions. Continuing to take them before surgery may cause unstable blood pressure during your procedure.

Common names:

#### ACE INHIBITORS

Acetec Renitec  
 Accupril  
 Accuretic  
 Apo Cilazapril  
 Apo Cilazapril/Hydrochlorothiazide  
 Apo Perindopril  
 Arrow Quinapril  
 Cilazapril  
 Cilazapril+Hydrochlorothiazide  
 Coversyl  
 Enalapril Maleate  
 Enalapril Maleate+Hydrochlorothiazide  
 Hydrochlorothiazide+Quinapril Hydrochloride  
 Lisinopril  
 Perindopril Erbumine  
 Quinapril Hydrochloride  
 Zapril

#### ANGIOTENSIN RECEPTOR BLOCKERS (ARB'S)

Arrow Losartan  
 Atacand  
 Candesartan  
 Candestar  
 Losartan Actavis  
 Losartan Potassium  
 Potassium+Hydrochlorothiazide



### WHEN TO STOP

Take the last dose of this medication the day prior to your surgery

## NON-PRESCRIPTION SUPPLEMENTS / ALTERNATIVE MEDICINES

Some over-the-counter supplements or alternative medicines can thin your blood or interact unpredictably with anaesthesia during surgery.



### WHEN TO STOP

Do not take any non-prescription supplements or alternative medicines for at least 2 weeks prior to surgery.

## DIABETES MEDICATION

### Gliflozin (SGLT2i) Medications

These are oral medications used to manage diabetes. Taking them too close to surgery can cause serious problems with your metabolism.

Common names:

#### GLIFLOZIN (SGLT2I) MEDICATIONS

Dapagliflozin

Dapagliflozin/Saxagliptin

Empagliflozin and Metformin

Jardiamet

Qtern

Dapagliflozin and Metformin XR

Empagliflozin

Forxiga

Jardiance

Xigduo

### WHEN TO STOP

- If your surgery is a **day stay** procedure, take the last dose of this medication the day prior to your surgery.
- If your surgery is an **overnight** procedure, take the last dose of this medication 3 days prior to your surgery.

## DIABETES AND WEIGHT LOSS MEDICATIONS

### GLP-1 Receptor Agonist

These medications help to reduce blood sugar levels, reduce appetite and support weight loss. They work by slowing down the emptying of the stomach and can increase the risk of vomiting during surgery.

Common names:

#### GLP-1 RECEPTOR AGONIST

Liraglutide

Ozempic

Semaglutide

Victoza

Mounjaro

Saxenda

Trulicity

Wegovy

### DO NOT STOP TAKING THIS DRUG

You will need to start a clear fluid diet 24 hours before surgery. Our pre-admission team will send you separate information about this.

## BLOOD THINNING MEDICATIONS

### Anticoagulant or Antiplatelet

These medications help to reduce the risk of developing blood clots. Continuing to take them before surgery can increase the risk of bleeding during surgery.

Common names:

#### ANTICOAGULANT

Warfarin

Marevan

Coumadin

Dabigatran

Pradaxa

Rivaroxaban

Xarelto

Apixaban

Eliquis

#### ANTIPLATLET

Aspirin

Clopidogrel

Ticagrelor

Prasugrel

Dipyridomole

### WHEN TO STOP

You will be given individualised instructions from our pre-admission nurses. If you have not received this information at least a week before your surgery, please contact us.

Please follow these instructions carefully. If you have any questions or concerns, please contact our pre-admission nurses.