

Meal Size:

Standard ☐ Large ☐ Small ☐

Dinner - Monday

Room Number _____



☒ Tick the box next to your choice **V** Vegetarian option available **GF** Gluten Free

☐ **Boulcott soup of the day**

with a freshly baked roll **V GF**
(please ask for today's chef's choice)

Main course (choose one only)

☐ Pan fried fish with macaroni cheese and baby spinach **V GF**

☐ Oven roasted lamb shank served with a warm chickpea, corn and potato salad **V GF DF**

☐ Omelette **GF** (choose from)

- ☐ plain **V** ☐ cheese and tomato **V**
☐ cheese and ham ☐ cheese and mushroom **V**

☐ A selection of club sandwiches **V GF**

Served with (choose one)

☐ Vegetables

☐ Salad

Dessert (choose one only)

☐ Greek lemon yoghurt panna cotta

☐ Freshly sliced seasonal fruit **GF**

☐ Specialty cheese & crackers **GF**

Note Special Dietary Needs _____

Meal Size:

Standard ☐ Large ☐ Small ☐ ☐ Newspaper

Breakfast - Tuesday

Room Number _____



☒ Tick the box next to your choice **V** Vegetarian option available **GF** Gluten Free

Cereal

with:

Cooked selection

- ☐ Cornflakes ☐ Milk - trim
☐ Weetbix **GF** ☐ Milk - full cream
☐ Sultana Bran ☐ Yoghurt
☐ Muesli
☐ Porridge

- ☐ Eggs-poached/scrambled **GF**
(circle one)
☐ Bacon **GF**
☐ Sausages **GF**
☐ Tomato **GF**
☐ Creamed corn **GF**
☐ Baked beans

Fruit in natural juice

- ☐ Peaches
☐ Pears
☐ Prunes

Bakery Choices

Toast:

- ☐ Whole grain ☐ Gluten Free
☐ White

Juice

- ☐ Orange
☐ Kiwicrush
(may have laxative effect)

Your choice of spreads

- ☐ Apricot ☐ Butter
☐ Strawberry ☐ Margarine
☐ Marmalade ☐ Honey
☐ Peanut Butter ☐ Vegemite
☐ Marmite

Note Special Dietary Needs _____

*Please be aware, meals are prepared in an environment where gluten is used.
Every care is taken to provide gluten free products and to avoid cross contamination within our restrictions.*

Meal Size:

Standard ☐ Large ☐ Small ☐

Dinner - Tuesday

Room Number _____



☒ Tick the box next to your choice **V** Vegetarian option available **GF** Gluten Free

☐ Boulcott soup of the day

with a freshly baked roll **V GF**
(please ask for today's chef's choice)

Main course (choose one only)

☐ Pea and bacon risotto topped with shaved parmesan **V GF**

☐ Chicken korma served with jasmine rice with roti bread

☐ Omelette **GF** (choose from)

☐ plain **V** ☐ cheese and tomato **V**
☐ cheese and ham ☐ cheese and mushroom **V**

☐ A selection of club sandwiches **V GF**

Served with (choose one)

☐ Vegetables

☐ Salad

Dessert (choose one only)

☐ Chocolate mousse topped with whipped cream and fresh fruit **GF**

☐ Freshly sliced seasonal fruit **GF**

☐ Specialty cheese & crackers **GF**

Note Special Dietary Needs _____

Meal Size:

Standard ☐ Large ☐ Small ☐ ☐ Newspaper

Breakfast - Wednesday

Room Number _____



☒ Tick the box next to your choice **V** Vegetarian option available **GF** Gluten Free

Cereal

with:

Cooked selection

☐ Cornflakes

☐ Milk - trim

☐ Eggs-poached/scrambled **GF**
(circle one)

☐ Weetbix **GF**

☐ Milk - full cream

☐ Bacon **GF**

☐ Sultana Bran

☐ Yoghurt

☐ Sausages **GF**

☐ Muesli

☐ Tomato **GF**

☐ Porridge

☐ Creamed corn **GF**

☐ Baked beans

Fruit in natural juice

☐ Peaches

☐ Pears

☐ Prunes

Bakery Choices

Toast:

☐ Whole grain ☐ Gluten Free

☐ White

Juice

☐ Orange

☐ Kiwicrush
(may have laxative effect)

Your choice of spreads

☐ Apricot ☐ Butter

☐ Strawberry ☐ Margarine

☐ Marmalade ☐ Honey

☐ Peanut Butter ☐ Vegemite

☐ Marmite

Note Special Dietary Needs _____

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Meal Size:Standard ☐ Large ☐ Small ☐**Dinner - Wednesday**

Room Number _____

☒ Tick the box next to your choice **V** Vegetarian option available **GF** Gluten Free
☐ **Boulcott soup of the day**
 with a freshly baked roll **V GF**
 (please ask for today's chef's choice)
Main course (choose one only)

- ☐ Baked fish fillet of the day topped with herb and lemon butter on gourmet potatoes **GF**
- ☐ Fusilli pasta with chorizo sausage, red pepper and fresh spinach in a chunky tomato sauce **V**

☐ **Omelette GF (choose from)**

- ☐ plain **V** ☐ cheese and tomato **V**
☐ cheese and ham ☐ cheese and mushroom **V**

☐ A selection of club sandwiches **V GF****Served with (choose one)**

- ☐ Vegetables
- ☐ Salad

Dessert (choose one only)

- ☐ Boysenberry cheesecake with boysenberry, apple and blackcurrant compote
- ☐ Freshly sliced seasonal fruit **GF**
- ☐ Specialty cheese & crackers **GF**

Note Special Dietary Needs _____

Meal Size:Standard ☐ Large ☐ Small ☐ ☐ Newspaper**Breakfast - Thursday**

Room Number _____

☒ Tick the box next to your choice **V** Vegetarian option available **GF** Gluten Free
Cereal**with:**

- ☐ Cornflakes ☐ Milk - trim
- ☐ Weetbix **GF** ☐ Milk - full cream
- ☐ Sultana Bran ☐ Yoghurt
- ☐ Muesli
- ☐ Porridge

Cooked selection

- ☐ Eggs-poached/scrambled **GF**
(circle one)
- ☐ Bacon **GF**
- ☐ Sausages **GF**
- ☐ Tomato **GF**
- ☐ Creamed corn **GF**
- ☐ Baked beans

Fruit in natural juice

- ☐ Peaches
- ☐ Pears
- ☐ Prunes

Bakery Choices**Toast:**

- ☐ Whole grain ☐ Gluten Free
- ☐ White

Juice

- ☐ Orange
- ☐ Kiwicrush
(may have laxative effect)

Your choice of spreads

- ☐ Apricot ☐ Butter
- ☐ Strawberry ☐ Margarine
- ☐ Marmalade ☐ Honey
- ☐ Peanut Butter ☐ Vegemite
- ☐ Marmite

Note Special Dietary Needs _____

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Meal Size:Standard ☐ Large ☐ Small ☐**Dinner - Thursday**

Room Number _____

☒ Tick the box next to your choice
 ☐ **V** Vegetarian option available
 ☐ **GF** Gluten Free
☐ **Boulcott soup of the day**
 with a freshly baked roll **V GF**
 (please ask for today's chef's choice)
Main course (choose one only)

- ☐ Oven baked chicken breast in a basil pesto sauce on diced roasted vegetables **GF**
- ☐ Stir fry pork & vegetables on udon noodles in a hoisin broth **V**
- ☐ Omelette **GF (choose from)**
- | | |
|---|---|
| <input type="checkbox"/> plain V | <input type="checkbox"/> cheese and tomato V |
| <input type="checkbox"/> cheese and ham | <input type="checkbox"/> cheese and mushroom V |
- ☐ A selection of club sandwiches **V GF**

Served with (choose one)

- ☐ Vegetables
- ☐ Salad

Dessert (choose one only)

- ☐ Sticky date pudding with caramel sauce
- ☐ Freshly sliced seasonal fruit **GF**
- ☐ Specialty cheese & crackers **GF**

Note Special Dietary Needs _____

Meal Size:Standard ☐ Large ☐ Small ☐ ☐ Newspaper**Breakfast - Friday**

Room Number _____

☒ Tick the box next to your choice
 ☐ **V** Vegetarian option available
 ☐ **GF** Gluten Free
Cereal**with:**

- | | |
|--|--|
| <input type="checkbox"/> Cornflakes | <input type="checkbox"/> Milk - trim |
| <input type="checkbox"/> Weetbix GF | <input type="checkbox"/> Milk - full cream |
| <input type="checkbox"/> Sultana Bran | <input type="checkbox"/> Yoghurt |
| <input type="checkbox"/> Muesli | |
| <input type="checkbox"/> Porridge | |

Cooked selection

- ☐ Eggs-poached/scrambled **GF**
(circle one)
- ☐ Bacon **GF**
- ☐ Sausages **GF**
- ☐ Tomato **GF**
- ☐ Creamed corn **GF**
- ☐ Baked beans

Fruit in natural juice

- ☐ Peaches
- ☐ Pears
- ☐ Prunes

Bakery Choices**Toast:**

- ☐ Whole grain ☐ Gluten Free
- ☐ White

Juice

- ☐ Orange
- ☐ Kiwicrush
(may have laxative effect)

Your choice of spreads

- | | |
|--|------------------------------------|
| <input type="checkbox"/> Apricot | <input type="checkbox"/> Butter |
| <input type="checkbox"/> Strawberry | <input type="checkbox"/> Margarine |
| <input type="checkbox"/> Marmalade | <input type="checkbox"/> Honey |
| <input type="checkbox"/> Peanut Butter | <input type="checkbox"/> Vegemite |
| <input type="checkbox"/> Marmite | |

Note Special Dietary Needs _____

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Meal Size:

Standard ☐ Large ☐ Small ☐

Dinner - Friday

Room Number _____



☒ Tick the box next to your choice **V** Vegetarian option available **GF** Gluten Free

☐ **Boulcott soup of the day**

with a freshly baked roll **V GF**
(please ask for today's chef's choice)

Main course (choose one only)

☐ Fish of the day in coconut vegetable curry served with jasmine rice **V GF**

☐ Braised Beef cheek on potato and roast pumpkin mash with a red wine jus **GF**

☐ Omelette **GF** (choose from)

☐ plain **V** ☐ cheese and tomato **V**
☐ cheese and ham ☐ cheese and mushroom **V**

☐ A selection of club sandwiches **V GF**

Served with (choose one)

☐ Vegetables

☐ Salad

Dessert (choose one only)

☐ Mini pavlova topped with fresh fruit **GF**

☐ Freshly sliced seasonal fruit **GF**

☐ Specialty cheese & crackers **GF**

Note Special Dietary Needs _____

Meal Size:

Standard ☐ Large ☐ Small ☐

☐ Newspaper

Breakfast - Saturday

Room Number _____



☒ Tick the box next to your choice **V** Vegetarian option available **GF** Gluten Free

Cereal

with:

☐ Cornflakes

☐ Milk - trim

☐ Weetbix **GF**

☐ Milk - full cream

☐ Sultana Bran

☐ Yoghurt

☐ Muesli

☐ Porridge

Cooked selection

☐ Eggs-poached/scrambled **GF**
(circle one)

☐ Bacon **GF**

☐ Sausages **GF**

☐ Tomato **GF**

☐ Creamed corn **GF**

☐ Baked beans

Fruit in natural juice

☐ Peaches

☐ Pears

☐ Prunes

Bakery Choices

Toast:

☐ Whole grain

☐ Gluten Free

☐ White

Juice

☐ Orange

☐ Kiwicrush
(may have laxative effect)

Your choice of spreads

☐ Apricot

☐ Butter

☐ Strawberry

☐ Margarine

☐ Marmalade

☐ Honey

☐ Peanut Butter

☐ Vegemite

☐ Marmite

Note Special Dietary Needs _____

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Meal Size:

Standard ☐ Large ☐ Small ☐

Dinner - Saturday

Room Number _____



☒ Tick the box next to your choice **V** Vegetarian option available **GF** Gluten Free

☐ Boulcott soup of the day

with a freshly baked roll **V** **GF**
(please ask for today's chef's choice)

Main course (choose one only)

☐ Panko crumbed pork chop with plum sauce served with polenta **GF**

☐ Lemon pepper salmon with potato and pea mash **V** **GF**

☐ Omelette **GF** (choose from)

- ☐ plain **V** ☐ cheese and tomato **V**
☐ cheese and ham ☐ cheese and mushroom **V**

☐ A selection of club sandwiches **V** **GF**

Served with (choose one)

☐ Vegetables

☐ Salad

Dessert (choose one only)

☐ Banana and coconut strudel

☐ Freshly sliced seasonal fruit **GF**

☐ Specialty cheese & crackers **GF**

Note Special Dietary Needs _____

Meal Size:

Standard ☐ Large ☐ Small ☐

☐ Newspaper



Breakfast - Sunday

Room Number _____

☒ Tick the box next to your choice **V** Vegetarian option available **GF** Gluten Free

Cereal

with:

☐ Cornflakes

☐ Milk - trim

☐ Weetbix **GF**

☐ Milk - full cream

☐ Sultana Bran

☐ Yoghurt

☐ Muesli

☐ Porridge

Cooked selection

☐ Eggs-poached/scrambled **GF**
(circle one)

☐ Bacon **GF**

☐ Sausages **GF**

☐ Tomato **GF**

☐ Creamed corn **GF**

☐ Baked beans

Fruit in natural juice

☐ Peaches

☐ Pears

☐ Prunes

Bakery Choices

Toast:

☐ Whole grain

☐ Gluten Free

☐ White

Juice

☐ Orange

☐ Kiwicrush
(may have laxative effect)

Your choice of spreads

☐ Apricot

☐ Butter

☐ Strawberry

☐ Margarine

☐ Marmalade

☐ Honey

☐ Peanut Butter

☐ Vegemite

☐ Marmite

Note Special Dietary Needs _____

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Meal Size:

Standard ☐ Large ☐ Small ☐

Dinner - Sunday

Room Number _____



☒ Tick the box next to your choice **V** Vegetarian option available **GF** Gluten Free

☐ Boulcott soup of the day

with a freshly baked roll **V GF**
(please ask for today's chef's choice)

Main course (choose one only)

☐ Traditional Sunday roast chicken with all the trimmings **V GF**

☐ Corned beef with chow chow, cheese, roasted vegetable tortilla and chips **V**

☐ Omelette **GF** (choose from)

☐ plain **V** ☐ cheese and tomato **V**
☐ cheese and ham ☐ cheese and mushroom **V**

☐ A selection of club sandwiches **V GF**

Served with (choose one)

☐ Vegetables

☐ Salad

Dessert (choose one only)

☐ Poached pear in red wine and vanilla, served with chantilly cream or yoghurt

☐ Freshly sliced seasonal fruit **GF**

☐ Specialty cheese & crackers **GF**

Note Special Dietary Needs _____

Meal Size:

Standard ☐ Large ☐ Small ☐

☐ Newspaper



Breakfast - Monday

Room Number _____

☒ Tick the box next to your choice **V** Vegetarian option available **GF** Gluten Free

Cereal

☐ Cornflakes

☐ Weetbix **GF**

☐ Sultana Bran

☐ Muesli

☐ Porridge

with:

☐ Milk - trim

☐ Milk - full cream

☐ Yoghurt

Cooked selection

☐ Eggs-poached/scrambled **GF**
(circle one)

☐ Bacon **GF**

☐ Sausages **GF**

☐ Tomato **GF**

☐ Creamed corn **GF**

☐ Baked beans

Fruit in natural juice

☐ Peaches

☐ Pears

☐ Prunes

Bakery Choices

Toast:

☐ Whole grain

☐ Gluten Free

☐ White

Juice

☐ Orange

☐ Kiwicrush
(may have laxative effect)

Your choice of spreads

☐ Apricot

☐ Butter

☐ Strawberry

☐ Margarine

☐ Marmalade

☐ Honey

☐ Peanut Butter

☐ Vegemite

☐ Marmite

Note Special Dietary Needs _____

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